

DR. TANU MITTAL

ASSTT. PROF. SOCIOLOGY

mittaltanu099@gmail.com

RESUME



PERSONAL PROFILE

- I am a Ambitious and hardworking individual, with broad skills and experience in teaching and learning with over 12+ years of experience in teaching and research in sociology.
- Communicating effectively with Good problem solving attitude and support advanced educational goals.
- Ready to take responsibility/ lead the team with a result oriented attitude.

EDUCATION HISTORY

- **Educational Qualifications:**

Exam Passed	Year	Name of Board/University	Division
High School	1995	U.P. Board	2nd
Intermediate	1997	U.P. Board	1st
Graduation (B.A.)	2000	C.C.S. University,Meerut	2nd
Post Graduation (M.A.)	2004	H.N.B.GarhwalUniversity	2nd
UGC NET SOCIOLOGY	2007	UNIVERSITY GRANT COMMISSION	-
Ph.D.	2009	H.N.B.GarhwalUniversity	-
PGDJMC	2011	Uttarakhand Open University	1st
Computer diploma	2001	K.L.Polytechnic, Roorkee	A

PROFESSIONAL APPOINTMENTS

- 03/2016 – Present Assistant Professor
Dr. P.D.B. Himalayan Government P G College, Kotdwar,
Deptt. Of Sociology
- Taught- Traditional Sociological Thinkers, Indian Sociological Thought (M.A. I & II Sem.), Classical Sociological Thinkers, Modern Sociological Theory (MA.III & IV Sem.)
 - Taught- Research Methodology, (M.A.I Sem.), Research Techniques & Statistical Analysis, Women and Society (MA.III & IV Sem.)
 - Taught-Basic Sociological Concepts & Indian Social System(B.A.I year)
 - Taught-Classical & Indian Sociological Thought (B.A.III year)
 - Guide – 133 Students for Research Project on various topics(Post Graduation)
- 20010-03/2016 **Dr. P.D.B. Himalayan Government P G College,**
Kotdwar, Taught Post Graduation and Graduation courses.
- 2008-2010 **Government Degree College Pokhal (TehriGarhwal).**
Taught Graduation courses of H. N. B. Garhwal University.

MEMBERSHIP

- Life Time Member of Indian Sociological Society, Membership No.- LMI-4706
- Member of Women's Studies Centre, Kumaun University, Nainital

RESEARCH EXPERIENCE

- Topic of Ph.D. work – A comparative study between urban and rural schedule caste (In the reference of Roorkee city and SunehraVillage)
- Research Paper Published- “Implication and application of Human Resource DevelopmentAnd Management in industries and trade union.” Humanities and Devlopment,P-104-114, Volume-5, 2011, ISSN 0973-8541

- Research Paper Published-“A comparative study between the status of urban and rural schedule caste.”Adhikar, P-12, 2012, ISSN 2231-2552
- Conference proceeding, Role of higher education in development of Uttrakhand, Academica Conference, 2013
- Research Paper Published, Parvatiya shetro mai aane wale aapdao se maidani shetro mai badta nagrikan, Development and ecological challenges,2015, ISBN 978-93-80635-17-0
- Research Paper Published-“A comparative study between the status of urban and rural schedule caste.”Adhikar, P-12, 2012, ISSN 2231-2552
- Research Paper Published-“The Role of Uttrakhand Women in Natural Resource Management with Reference to Pauri District” Biodiversity conservation through Environmental Education for sustainable Development, P-80, 2021, ISBN 978-93-83837-82-3
- Research Paper Published, “Domestic Violence Against Women’s in Uttarakhand-A study”.Educare.2020-21, ISSN: 2319-5282.
- Research Paper Published, “Covid-19:SocietyAnd Environment: A Lesson for Future”. Environment issuesand Mitigation Strategies.2022, ISBN: 978-93-83837-82-3.
- Chapter Published in edited Book, “ICT Technology in Agriculture-Astudy of Villagein Bijnore District, Western Uttar Pradesh”. Education 2023, P-61, ISBN: 978-93-91979-94-2.

Achievement:

- Sport Championship Award 2000 Granted by S.S.D.P.C. Girls Degree College, Roorkee.
- Got the position of District Information Officer in Uttrakhand PCS-2017
- Special Achievement Award, presented by A.K.P.Inter college, Roorkee,2018
- Special Achievement Award, presented by MLA Roorkee Mr. Pradeep Batra, 2018
- NCC Appreciation Award, presented by NCC Directorate Uttarakhand, 2020
- Teacher of the year, Rotary Club Kotdwara, 05 sept.2020.
- Teacher of the year, Presented By Hon.Cabinet minister of Uttarakhand 2021
- Won Rs.21000/- Cash Prize in Organized Nukkad Natak involving Students of M.A. Sociology.
- Won Rs.10000/- Cash Prize in Short Film Making Competition Organised by Uttarakhand AIDS Control Society.

Special Achievement in Supervision and Guidance to the Student:

Since I was very much inclined towards teaching, I started giving free Coachingto the students preparing for UGC NET and PCS during my tenure. Below people successfully cleared their exams under my supervision and guidance.

- Stuti Rawat cleared her UGC NET in Sociology, 2018
- Rohit Negi cleared SET in Sociology in, 2018
- Shivani Dhuliya cleared UGC NET in Sociology, 2019
- Sakshi cleared UGC NET in Sociology, 2019
- Kanchan Rawat cleared Inter College Lecturer in Sociology, Uttarakhand Public Service Commission.
- Mukta Negi cleared UGC NET in Sociology, 2021
- Mukta Negi cleared Inter College Lecturer in Sociology, Uttarakhand Public Service Commission, 2022
- Himani and pooja cleared UGC NET in Sociology, 2022
- Pooja and Himani cleared UGC NET in Sociology, 2023

ACADEMIC TRAINING

- Participated in one day **Orientation Prograamme**for Faculty (CTE) held on 29 November, 2013 at G Dr. P.D.B.H. Govt. P. G. College, Kotdwara, PauriGarhwal (Uttarakhand) Organized by: College of Teacher Education (CTE), Kotdwara, PauriGarhwal (Uttarakhand).
- Participated in **Refresher Programme** : on “Scope, Nature and Utility of CTE in Uttarakhand” Held on 25 November, 2014 at Dr. P.D.B.H. Govt. P. G. College, Kotdwara, PauriGarhwal (Uttarakhand)Organized by: College of Teacher Education (CTE), Kotdwara, PauriGarhwal (Uttarakhand).

- Participated in 28 days **Orientation Programme** Held on 27/11/2017 to 23/12/2017 at HRDC Kumaun University, Nainital(Uttarakhand)
- Participated in 04 Days**Academic Training Programme** on Academic Leadership from 25 April to 28 April 2019 at Vardhaman College, Bijnor(UP)
- Participated in 14 days **Refereshner Course** Held on 27/08/2019 to 09/09/2019 at HRDC Kumaun University, Nainital(Uttarakhand)
- Participated in 05 days International Web-Workshop on “Impact of Covid-19 on Society & Culture” Held on 29/04/2020 to 03/05/2020 at Department of Sociology, D.A.V. PG College, Varanasi, U.P.
- Participated in 03 days Workshop on “Gender Budgeting” Held on 14/03/2021 to 16/03/2021 at Department of Sociology, L.S.M.Govt.PG College, Pithoragarh, Uttarakhand.
- Participated in 14 days **Refereshner Course** Held on 30/04/2022 to 12/05/2022 at Teaching Learning Centre, Ramanujan College, University of Delhi.

Seminars/ Conferences

1. Paper Presented on “Culture and society- A comment” 14th Rajasthan Sociological Conference at University of Rajasthan , Jaipur on Dec. 18-20, 2005.
2. Paper presented on “Intellectual Property Right” in National seminar organized SMJN PG College, Haridwar on 27 Sep, 2008
3. Paper presented on title “How Global changes are Affecting Himalyas” in National Seminar on Global Changes and Challenges held atN.R.E.C.College, Khurjaon 14-15 Mar. 2010.
4. Paper presented entitled “Nagriyamahilaokesathhinsatmakvayvhar: grahni or kamkajimahilaokesandarbhmatulnatmakaadhyan”atDeenDayalUpadyay Gorakhpur University, Gorakhpur on Nov.29-30,2011.
5. Paper presented entitled “Right to Education” in National seminar on Status of child Rights in Uttarakhand held atD.A.V.PG.College, Dehradun on 28-29 July, 2012
6. Paper presented entitled “Child And Human Right” in National seminar on Managerial Excellence And Human Right held atSMJN PG College, Haridwar on 27-28 Jan, 2013
7. Paper presented entitled “Graminmahilaokesashaktikaranmai MANREGA kibhumika” in National seminar on Rural Development through MNREGA: New Challenges And Solution held at B.S.M.PG.College, Roorkee on 04-05 Oct, 2013
8. **National Seminar** on “Present Scenario of Indian Higher Education With Reference to Role of Media, Socio-Political & Cultural Environmental Change”.Held on 19th March & 20th March, 2013, at D.A.V.(P.G.) College, Muzaffarnagar (U.P.),India. Paper Presented: “Role of Media in Higher Education in India”.

9. **State level Seminar** on “Educational Development in Uttarakhand in Reference to National Curriculum Framework (NCF)-2005” Held on 30th and 31^h October , 2014 at Dr. P.D.B.H. Govt. P. G. College, Kotdwara, PauriGarhwal (Uttarakhand)
Organized by : College of Teacher Education (CTE) Dr. P.D.B.H. Govt. P. G. College, Kotdwara, PauriGarhwal (Uttarakhand).
10. **National Seminar** on “Role of Information and Communication Technology in Socio-Economic and Educational Development”Held on 23rd and 24th December, 2013 at Dr. P.D.B.H. Govt. P. G. College, Kotdwara, PauriGarhwal (Uttarakhand)
Organized by: Department of B.Ed. Dr. P.D.B.H. Govt. P. G. College, Kotdwara, PauriGarhwal (Uttarakhand)
Paper Presented: “Role of media in women’s empowerment
11. **National Seminar** on “National and Regional perspectives for Quality teacher education: ways and means”Held on 7 and 8th February, 2015 at Dr. P.D.B.H. Govt. P. G. College, Kotdwara, PauriGarhwal (Uttarakhand)Paper Presented: “Bharat main ucchshikshakivartmandasha”
12. Participated in **National Workshop** on “Building Awareness On Intellectual Property Rights” Held on 19 September, 2015 at Dr. P.D.B.H. Govt. P. G. College, Kotdwara, PauriGarhwal (Uttarakhand)
- 13 **National Seminar** on “Development and Ecological Challenges: A need for Paradigm shift”Organized by: Department of Sociology. Dr. P.D.B.H. Govt. P. G. College, Kotdwara, PauriGarhwal (Uttarakhand)
Paper Presented: “parvtiyashetro main aanewaliaapdaoo se maidanishetro main badtanagrikaran
- 14 **National Seminar** on “National and Regional perspectives for Quality teacher education: ways and means”
Held on 7 and 8th February, 2015 at Dr. P.D.B.H. Govt. P. G. College, Kotdwara, PauriGarhwal (Uttarakhand).
- 15 **Paper presented entitled** “Globalization and its effect on sustainable development” in International seminar on Sustainable development: Challenges and strategies held atGovt. P.G. College, Chamoli, Uttrakhand on 21-22 Oct., 2016.
- 16 **Paper presented** entitled “Some issue of Interacton of Religion and Politics” in **International seminar** on Politics, Society, and Culture in south Asia, held atDepartment of Sociology University of Lucknow, Lucknow on 3-05 March, 2017
- 17 Participated in **One day Workshop** on “Emerging Role of CTE for Quality Education in Uttrakhand” Held on 30December, 2017 at Dr. P.D.B.H. Govt. P. G. College, Kotdwara, PauriGarhwal (Uttarakhand)

- 18 Participated in** 01 day Workshop on NAAC Accreditation Process Held on 28 December, 2018 at Dr. P.D.B.H. Govt. P. G. College, Kotdwara, Pauri Garhwal (Uttarakhand)
- 19 Paper Presented** entitled “**Socio-Culture and Indigenous practices in nature conservation in india**” in **National Seminar** on “Environmental Sensitivity” Held on 02 September , 2019 at UPSA & HRDC, Kumaun University, Nainital”
- 20 Paper presented** entitled “Gender, Social inclusion and Humanrights in Utrakhand” in **National seminar** on Role of Women in social Inclusion, held at M.K.P (P.G.) College, Dehradun on 14 September, 2019
- 21 Paper presented** entitled “The Impact of Internet on Leisure Activities” in **International seminar** on Leisure and Social Development in Post Modern Era: Contemporary Issues and challenges. Held at Department of Sociology, University of Lucknow, Lucknow on 02-04 December, 2019.
- 22 Paper presented** entitled “Concerns, Complexities and Dialogues in Religious Philosophy” in **International Webinar** Organised by Kaash Foundation, Mumbai 12 May , 2020..
- 23 Participated in International Webinar** on “Covid-19: Information and its Impact on the Society” Shaheed Hira Singh Government P.G. College, Dhanpur, Chandauli, U.P. 23-24 May, 2020.
- 24 Participated in national Webinar** on “Maze of Covid-19: How will Human life get back on track?” Shayama Prasad mukherjee Government P.G. College, Phaphamau, Prayagraj, U.P., 04 June, 2020.
- 25 Participated in International Webinar** on “Role of Technology in the Era of Covid-19 for Education” Uttarakhand Science Education & Research Centre, 07-08 June, 2020.
- 26 Participated in One Day National Webinar** on “Effect of Covid-19 on Family and Society in India” Mahila Mahavidhyaly, BHU, Varanasi, 27 May, 2020.
- 27 Paper presented** entitled “The Role of Uttarakhand Women in Natural Resource Management with Reference to Pauri District” in **International Webinar** on Biodiversity conservation through Environmental Education for sustainable Development. Held at Govt. P.G.College, Kotdwar, Uttarakhand on 29 July , 2020.
- 28 Participated in One Day National Webinar** on “National Education Policy, 2020” 78 UK BN NCC, Haldwani, 19-21 Nov, 2020.
- 29 Participated in One Day National Webinar** on “Gender Parity & Women Empowerment: The Constitutional Provisions” Held at DR.P.D.B.H.Govt. P.G.College, Kotdwar, Uttarakhand on 31 August, 2021.
- 30 Participated in Three Day National Conference** on “Knowledge, Culture Traditions & Practices of India” Held at Gurukul Kangri (Deemed to be University) Haridwar, Uttarakhand on 29-31 March, 2023.



Date: 01/09/2023

Place: KOTDWARA

(Dr. Tanu Mittal)